

# The **HEART** of Leadership Series

(A Holistic Exploration of Awareness, Restoration and Trust)
Developed for New Jersey Early Childhood Directors



Today's early childhood leaders are experiencing unprecedented challenges. The need to balance boundaries with compassion is critical to establish and maintain a positive, flourishing climate in your program. In this series we will build capacity for self-awareness, self-compassion and selflessness which will serve as the foundation for a leadership approach that harnesses your organization's biggest asset, its human beings.

**Audience:** Early Childhood Directors, Administrators and Leaders!

#### **Benefits:**

- Strengthen staff retention and recruitment strategies
- Foster a climate of trust, improve employee engagement, renew purpose and collaboration
- Inspire personal and professional growth among your staff
- Create an environment where staff feel safe and valued
- Additionally, all participants will receive free access to the Healthy Minds @ Work app.

Click here to apply.

# **Series Outline:**

## October 2023

Welcome: Leadership Series Kick-Off (3-hours, Live Zoom) October 25 | 1:00 - 4:00 PM

#### October - December 2023

**Leading Ourselves with Compassion** (5-hours, Self-paced, Online)

## December 2023

Check & Connect: Professional Learning Community (PLC) Session (2-hours, Live Zoom) December 13 | 5:00 - 7:00 PM

# January 2024

Exploring Values, Vulnerability and Authenticity (2-hours, Live Zoom) January 10, 12:00-2:00 PM

# February 2024

Authenitc Leadership (2-hours, Live Zoom) February 21 | 12:00-2:00 PM

# February - March 2024

Leading Staff with Compassion (4-hours, Self-paced, Online)

# March 2024

Check & Connect: PLC Session (2-hours, Live Zoom) March 13 | 5:00-7:00 PM

### April 2024

Implications for DEIB (2-hours, Live Zoom) April 10 | 12:00 - 2:00 PM

### May 2024

Moving from Me to We (2-hours, Live Zoom) May 8 | 12:00 - 2:00 PM

## May - June 2024

*Leading Our Organizations with Compassion* (4-hours, Self-paced, Online)

# June 2023

Check & Connect Final PLC Session (2-hours, Live, Zoom) June 5 | 5:00 - 7:00 PM



