

**NJ Child Care Resource and Referral:
Promoting Informed Child Care Choices
Sessions 3 & 4 Resources**

ACES 101: <https://acestoohigh.com/aces-101>

CDC-Kaiser Adverse Childhood Experiences Study: www.cdc.gov/violenceprevention/acestudy

Child Care Aware: www.childcareaware.org

CLEAR Method of Goals Setting: <https://lifehacker.com/achieve-your-job-goals-using-the-c-l-e-a-r-method-16775054369>

Consumer Engagement: <https://childcareta.acf.hhs.gov/resource/consumer-engagement-orientation-early-childhood-and-school-age-care-education-professionals>

[Implicit Bias Module Series \(osu.edu\)](https://www.osu.edu/implicit-bias-module-series)

Motivational Interviewing: <https://motivationalinterviewing.org>

[Project Implicit \(harvard.edu\)](https://www.harvard.edu/project-implicit)

Resilience Trumps ACEs: www.resiliencetrumpsACEs.com

Resiliency: <http://www.joiningforcesforchildren.org/what-are-aces>

16 Personalities Test: <https://www.16personalities.com>

The Body Keeps the Score: <https://www.amazon.com/Body-Keeps-Score-Healing-Trauma>

The Color of Law: <https://www.amazon.com/Color-Law-Forgotten-Government-Segregated>

The Five Love Languages: [www.5lovelanguages.com>quizzes](http://www.5lovelanguages.com/quizzes)

The Learning Pyramid: <https://www.educationcorner.com/the-learning-pyramid.html>

Triple-P Parenting: www.triplep-parenting.net/glo-en/home

Zero to Three Guides for Parents: <http://www.zerotothree.org/about-us/areas-of-expertise/free-parent-brochures-and-guides>