

“Bringing Families Together: Building Community”: <https://eclkc.ohs.acf.hhs.gov/video/bringing-families-together-building-community>

Center on the Social and Emotional Foundations for Early Learning (CSEFEL): <http://csefel.vanderbilt.edu>

Child Care Aware: www.childcareaware.org

CLEAR Method of Goal Setting: <https://lifehacker.com/achieve-your-job-goals-using-the-c-l-e-a-r-method-1677505439>

Comparing Outcomes for Consumer Engagement and Family Engagement:
<https://cssp.org/our-work/project/national-center-for-parents-family-and-community-engagement>

Eisenhower Matrix to Increase Your Productivity: <https://toggl.com/blog/eisenhower-matrix>

Family Engagement Indicators and Examples:
<https://childcareta.acf.hhs.gov/resource/key-indicators-high-quality-family-engagement-quality-rating-and-improvement-systems>

FAST Method of Goal Setting: <https://sloanreview.mit.edu/article/with-goals-fast-beats-smart>

Relationship-Based Competencies to Support Family Engagement: A Guide for Early Childhood Professionals Who Work with Families:
<https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/no-search/rbc-sfe-guide-pro-work-with-families.pdf>

Resilience Guide for Parents and Teachers: <https://www.apa.org>

Role Play Opportunities: <https://trainingmag.com/3-benefits-of-making-role-play-part-of-training>

The Eight P’s of Parenting: <https://www.nea.org/advocating-for-change/new-from-nea/eight-ps-parent-engagement>

The 3 Minute Gratitude Journal for Kids: A Journal to Teach Children to Practice Gratitude and Mindfulness

Three Good Things: The Bounce Back Project: www.bouncebackproject.org

Time Management Strategies: www.rescuetime.com